



All Saints Episcopal Fellowship

850 Boyce Road (Village Green)
Bridgeville, PA 15017
412-818-1331
website: www.allsaintssouthpgh.org

Daily Prayer

PRAYING THE HOURS

These prayers are meant to recall us in heart and mind to God:

LAUDS (when you awake)

Glory be to the Father, and to the Son, and to the Holy Ghost: As it was in the beginning, is now, and ever shall be, world without end.

PRIME (when you arise)

We give the hearty thanks, O heavenly Father, for the rest of the past night, and for the gift of a new day. Grant that we may so pass its hours in the perfect freedom of thy service, that at eventide we may again give thanks unto thee; through Jesus Christ our Lord.

TERCE (mid-morning)

O Heavenly father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by the Holy Spirit, that in all the cares and occupations of our daily life we may never forget thee, but remember that we are ever walking in thy sight; through Jesus Christ our Lord.

SEXT (at noon)

Blessed Saviour, who at this hour didst hang upon the cross stretching out thy loving arms: Grant that all mankind may look unto thee and be saved; who livest and reignest with the Father and Holy Ghost, ever one God, world without end.

NONES (mid-afternoon)

O God our Father, who makest the sun to rise upon the evil and upon the good, and sendest rain upon the just and upon the unjust: Help us to love our enemies, and to forgive those who trespass against us, that we may receive of thee the forgiveness of our sins, and be made thy children in spirit and in truth; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever.

Lord of all power and might, who art the author and giver of all good things; Grant in our hearts the love of thy Name, increase in us true religion, nourish us with all goodness, and of thy great mercy keep us in the same; through Jesus Christ our Lord.

O Saviour of the world, who by thy Cross and precious Blood hast redeemed us; Save us, and help us, we humbly beseech thee, O Lord.

COMPLINE (bed time)

Visit, we beseech thee, O Lord, this place, and drive from it all of the snares of the enemy; let thy holy angels dwell herein to preserve us in peace; and may thy blessing be upon us evermore; through Jesus Christ our Lord. Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ.

MATINS (When wakeful in the early morning)

O Lord our heavenly Father, praise and glory by whose providence the duties of men are variously ordered: Grant to us all the spirit to labour heartily to do our work in our several stations in serving one Master and looking for one reward. Teach us to put to good account whatever talents thou hast lent to us, and enable us to redeem our time by patience and zeal; through Jesus Christ our Lord.

DIFFICULT TIMES (when you have difficulty in being prayerful)

Lord, teach us to pray. Lord, keep our thoughts from wandering. Lord, cleanse our hearts that we may worship thee in spirit and in truth, through Jesus Christ our Lord.

All Saints Episcopal Fellowship

DAILY PRAYER

THANKSGIVING (Any time)

O Most merciful Father, we humbly thank thee for all thy gifts so freely bestowed upon us. For life and health and safety, for power to work and leisure to rest, for all that is beautiful in creation and in the lives of men, we praise and magnify thy Holy Name. But, above all, we thank thee for our spiritual mercies in Christ Jesus our Lord, for the mans of grace, and for the hope of glory. Fill our hearts with all joy and peace in believing; through Jesus Christ our Lord.

INVITATORY (Invite yourself to pray)

The Lord God is gracious and merciful: O come let us worship.

OFFERING (It is always appropriate to offer yourself to God)

O GOD, Most High and Holy Three in One, Father, Son, and Holy Spirit: We offer to thee this day ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee: to whom be all honor and glory.